

The Hermidale Buzz



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THE COMMUNITY NEWSLETTER OF HERMIDALE PS - SEPTEMBER 2020 - ISSUE NO. 48



School news update

Dear community members,

We are grateful that our school community has remained safe and healthy. We welcomed Taylah and Charlize Krause this term into Kindergarten which has brought us much joy. Students have been workshoping a film with the assistance of Mrs Robb and Glen Carter. This film making follows on from last years Films by..... sessions. Our hope is that the schools within our district will be able to create a film festival (may be virtually) as a platform to share the creativity and stories from our community. Early next term, students will be filming at locations around Hermidale. Look out! You may be asked to be an extra!

Stage 2 & 3 have been reading about reptiles in English. They are able to describe several features of reptiles and name a variety of Australian reptiles. The students have also begun researching a reptile and will write an information report.

Whilst reading about reptiles, students have discovered that the saltwater crocodile can grow to a length of 7m while the freshwater crocodile can grow up to 3m long. So, in Mathematics last week students drew life size crocodiles on the cement.

Stage 1 wrote information reports about a topic of interest. These included How to play golf, Terrifying tornadoes, Diving with darling dolphins, Having fun with horses, Caring for your family, My kind Mum, My caring Nana and Terrific turtles.

Abbie Smith has a few tips for us to care for our family. "When everyone is asleep do a fifteen minute clean up. Do one load of washing each day and be happy with clean enough. Prioritise and get the whole family involved." Seven year olds know so much these days!

Skye Dedman

Principal

Term 4 resumes for Students Monday 12 October.



*Jayden's farewell to
Hermidale Public School*

Jayden began school at Hermidale in 2014. Next year, Jayden commences his High School education...how time flies!

A favourite memory from school.

When the Can Assist rally cars came to our school. I especially liked The Simpson's car!

A funny thing your teacher once did - When Mrs Robb nearly knocked out Mac with the volley ball—Mac was fine by the way - no students were harmed during this scene!

Hermidale Public School has taught me - To be respectful, responsible and to be a positive learner.

When I grow up I want to be - A Rabbitohs Footy player. When I score a try, I will do the goanna as a tribute to Greg Ingliss.

Your farewell message to your friends - Respect everyone for who they are, because it's ok to have different beliefs, religions or cultures.

*We wish you all
the best Jayden as
you begin year 7
in 2021*



JNR. HERMIDALE CELEBRITY



MY NAME: Jayden
NICKNAME: Smithy
OCCUPATION: Football player
WHERE WERE YOU BORN? Dubbo
FAVOURITE SPORT TO WATCH: Football
FAVOURITE SPORTS TEAM: Rabbitohs
FAVOURITE SUBJECT AT SCHOOL: Sport
A GAME I LIKE TO PLAY AT SCHOOL: Basketball
FAVOURITE DINNER: Lasagne and garlic bread
FAVOURITE DRINK: Sprite
FAVOURITE DESSERT: Chocolate Bavarian
FAVOURITE TV SHOW: All football shows
FAVOURITE SINGER: Luke Bryan
IF I COULD GO ANYWHERE FOR A HOLIDAY I'D GO TO: The Gold Coast
A COUNTRY I'D LOVE TO VISIT: Italy
A GREAT PLACE I'VE BEEN TO: Sydney
WHEN I GROW UP I WANT TO BE: A Fire fighter
BEST THING ABOUT HERMIDALE: The peace and quiet
IN HERMIDALE I WOULD LIKE TO SEE: A football field
I WOULD LOVE TO DRIVE: A Mercedes
A FAVOURTIE BOOK I WOULD RECOMMEND: Tom Gates
FAVOURITE COLOUR: BLUE
MY FAVOURITE TOY WAS: My toy Buzz Lightyear
FAVOURITE RAINY DAY GAME: UNO
A MOVIE I LOVED: Jumanji



**Well done to
the
Hermidale
boys**

**Jayden Smith
Mac Lawson
Xavier Currans**

**In their Semi finals on
the weekend against
St Johns Blue.**

HERMIDALE CELEBRITY



MY NAME: Monique Wye
NICKNAME: Neek, Mon, Monza
OCCUPATION: Primary Producer; School Admin
OTHER OCCUPATIONS I'VE DONE IN THE PAST: Apprentice chef; lots of administration jobs; photographer
WHERE WERE YOU BORN? Parkes, NSW
FAVOURITE SPORT TO WATCH: Athletics
FAVOURITE SPORTS TEAM: Parramatta Eels
FAVE SUBJECT AT SCHOOL: Legal Studies
GAMES I PLAYED AT SCHOOL: Handball
FAVOURITE DINNER: Roast lamb & veg
FAVOURITE DRINK: Cup of tea
FAVE DESSERT: Fruit salad
FAVE TV Shows: Yellowstone & Blacklist
FAVOURITE MUSIC: Country music
IF I COULD GO ANYWHERE FOR A HOLIDAY I'D LOVE TO VISIT: Iceland to see the Northern Lights
A COUNTRY I'D LOVE TO VISIT: Scotland
A GREAT PLACE I HAVE BEEN TO: The Pinnacles in WA
WHEN I WAS A KID I WANTED TO BE: An army nurse
BEST THING ABOUT HERMIDALE: I love the friendliness of the people! And the school - it's fabulous
I WOULD LOVE TO DRIVE: A ferrari
WHAT I LIKE TO READ: Biographies plus Jane Austen
A BOOK I WOULD RECOMMEND: "Lucky Man" A Memoir - by Michael J Fox
FAVOURTIE COLOUR IS: YELLOW
MY FAVOURITE TOY WAS: Board games
FAVE RAINY DAY BOARD GAME: Scrabble & Monopoly
A MOVIE I LOVED: The Blindside



2020 Bureau of Meteorology Rainfall Readings:

	Babinda	Hermidale
January		10
February	57.8	44.4
March	82.1	92.4
April	101.6	100.2
May	5	16.6
June	30	17
July	1.8	30
August	35.5	36.2
September	21	30
Total	334.8 mm	376.8 mm



BOGAN BUSH MOBILE

Term 4 Hermidale timetable

9.30-11.30am

Hermidale Community Centre

Friday September 25

Friday October 23

Friday November 6

Friday November 20

Friday December 4

Christmas Party

Friday December 18



The Hermidale CWA would like to thank everyone for their generous support of our recent raffle nights.

It was lovely to see so many people attending.



Hermidale Community Centre

(formerly Hermidale Tennis & Fitness Centre)

Is now open and available for use by the community.

Enquiries phone

Tamara 0409 523 564

Denise 0477 146 540

Rebecca 0407 931 931

The Hermidale Tennis and Fitness Centre

held its Annual General Meeting on the 13th September 2020. 10 people were in attendance. Thank you to those who attended.

President Greg Moody declared all positions vacant and positions have now changed and are as follows:

President: Tamara Wells

Secretary: Denise O'Malley

Treasurer: Rebecca Blythe

Publicity Officer: Jacinta Edge

It was unanimously decided by all present that the "**Hermidale Tennis and Fitness Centre**" will now be changed to the "**Hermidale Community Centre**" as this will better reflect the use of the building.

A date for a "Casserole night" is planned to go ahead after harvest, in order to show thanks and appreciation to the outgoing committee for their investment, time and dedication to the Hermidale Community over the past 14 years.

2020 Memberships were not collected this year due to COVID, but they will be due again in January for the new year 2021 - These memberships are valuable in keeping the doors open.

Bogan Bush Mobile is at the "Hermidale Community Centre" too this Friday 25th September and every second Friday for any Mums, Dads and bubs who wish to come along - See "Bogan Bush Mobile" page on Facebook to keep up to date.

If you wish to hire the use of the Club or even hire chairs and tables please contact Tamara or Denise and we will be happy to help!

The new committee are excited and looking forward to organising events to get the community catching up together in the future.

Tamara Wells - President - 0409 523 564

Denise O'Malley - Secretary - 0477 146 540



Podcasts





Jacinta's Jokes



What's a cars favourite meal?
Brake-fast!

Parallel lines have so much in common.
It's a shame they'll never meet!

What's the difference between boogie & broccoli?
You can't get the kids to eat broccoli!

Why do cows wear bells?
Because their horns don't work!

What do you call cheese that isn't yours?
Nacho Cheese!

What stays in the corner but goes around the world?
A stamp!

Why can't a T-Rex clap its hands?
Because it's extinct!

Why are computers so smart?
Because they listen to their motherboards!

My sister said I couldn't make a bike out of spaghetti
You should have seen her face when I rode pasta!

What's the difference between a well dressed man on a bike and a poorly dressed man on a unicycle?
Attire!

How many apples grow on trees?
All of them!

I entered 10 puns into a pun contest hoping one would win, but no pun in ten did.

Curried Rice Salad

From: taste.com.au

Ingredients

- 2 Cups cooked long grain rice - chilled
- 1 apple, peeled, cored & chopped
- 1 red onion, finely chopped
- 1 green capsicum, diced
- 1/3 cup raisins or sultanas
- 1/3 cup fresh flat-leaf parsley, chopped

Dressing

- 1/4 cup olive oil
- 1/3 cup white vinegar
- 2 teaspoons curry powder
- 1 tablespoon caster sugar
- 1 garlic clove, crushed

Method

Place rice, apple, onion, capsicum, raisins & parsley into bowl. Toss gently to combine. Make dressing: combine all ingredients into a jar & shake well to combine. Pour over salad. Toss gently. Serve.



Recipe time

Lemon Cake

From: www.chelsea.co.nz

Brand names of ingredients left out due to being a NZ recipe.

Ingredients

- 120g butter, softened
- 1 cup Plain flour
- 3 tsp baking powder
- 2/3 cup white sugar
- 2 large eggs
- 4 Tbsp milk
- Grated rind and juice of 1 lemon



Topping

- Juice 1 lemon
- 1/2 cup white sugar
- Few tbsp boiling water to dissolve sugar

Method

- Preheat oven to 180°C
- Grease and line a square 18cm baking tin
- Put all cake ingredients together in food processor, in order above & process 15 seconds
- Pour mixture into tin and bake 20-25mins

For Topping: mix lemon juice & sugar and boiling water together. This should be runny. Spoon topping onto cake while hot. Leave in tin before turning out when cool.

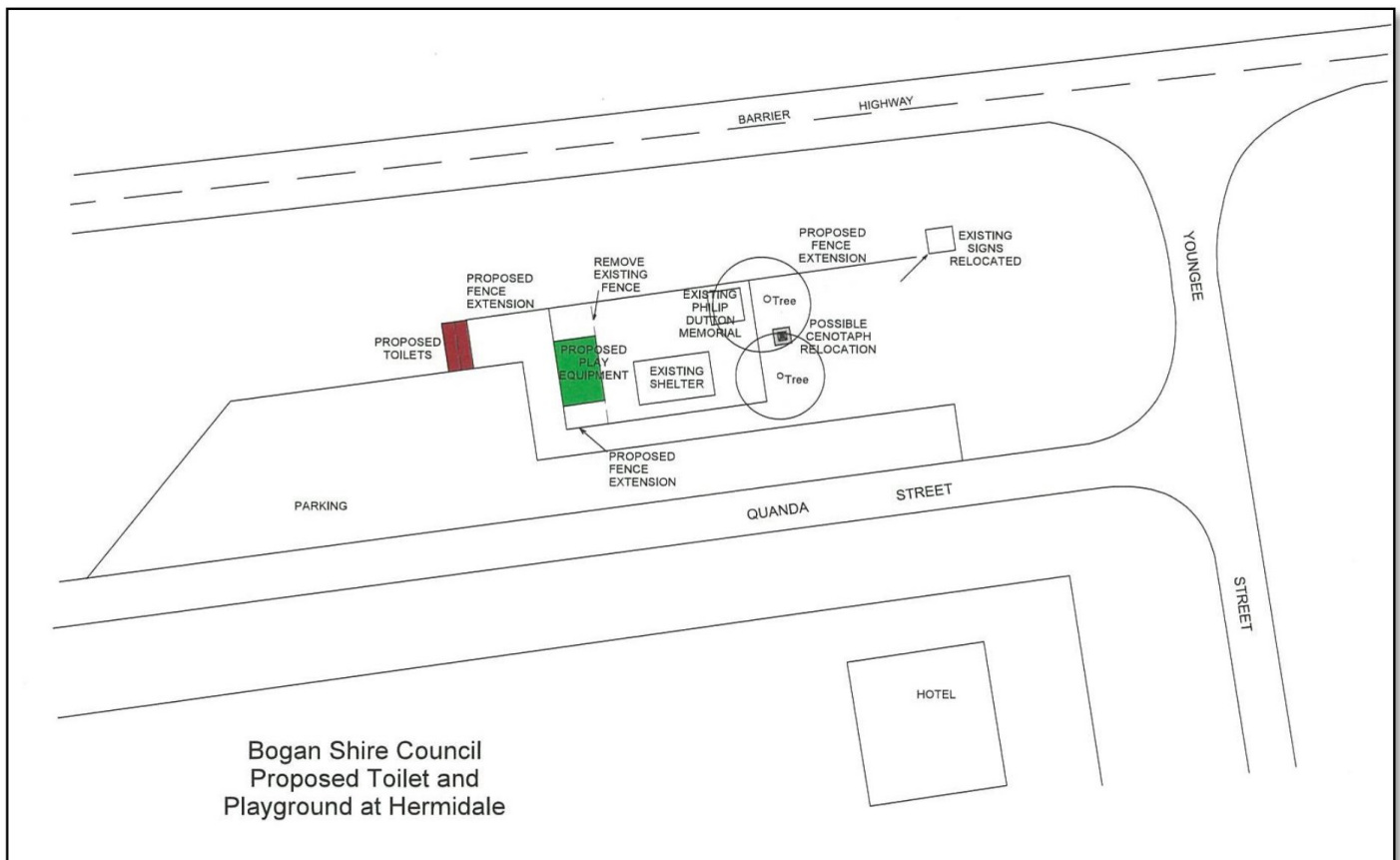
* This recipe can also be made with electric hand mixer. Place all cake ingredients in a bowl in the stated order and mix until combined *

To All Hermidale District Residents

At a recent meeting in Hermidale between Shire and Village representatives the upgrade of the Hermidale park was discussed. The Shire has been successful in obtaining some grant funding towards the construction of a toilet block and expects to receive additional grant funding shortly for new playground / park equipment.

It was also suggested the park be relocated to a site alongside the existing Phillip Dutton Rest Area in from of the Hermidale Hotel. Council is now seeking feedback from the Hermidale community on this idea.

Below is a sketch plan showing the proposed new location of the play area and toilet. Please provide any comments to the General Manager, Bogan Shire Council on admin@bogan.nsw.gov.au by the end of September.



CENTRAL WEST Local Land Services

Improving Farm Business Skills

Are you looking for tools and skills to optimise your business and help you make the right financial decisions? If so this workshop is for you.

Topics covered, in partnership with UNE, include:

- Farm accounting, systems and management
- Decision support tools
- Risk and decision making
- Performance measurement and farm planning
- Goal setting

Time: 8.45am to 3.15pm

Dates: Tuesday, 29 September, Wednesday 30 September

Format: Workshops will be in an online form via Microsoft Teams. Attendees will be sent a link once they RSVP, then attend via their own computer at home.

For those with poor internet connectivity, there are a few positions available at our offices in Dubbo, Forbes, Coonabarabran and Coonamble, where our staff will set up the online workshop and be available for assistance. Please register to attend as spaces will be limited.

Registration link: Visit Central West Local Land Services webpage www.centralwest.lls.nsw.gov.au or click the button to the right.



[REGISTER HERE](#)

CONTACT

ROHAN LEACH
E: rohan.leach@lls.nsw.gov.au
M: 0417 021 795



Local Land Services



This project is supported by Central West Local Land Services, through funding from the Australian Government's National Landcare Program



THURSDAY 1ST OCTOBER 2020

SKATE WORKSHOP

LEARN TO
SKATEBOARD
WITH TOTEM!



9:00 AM - 11:00 AM

NYNGAN SKATEPARK 62 Bogan St, Nyngan NSW 2825

WORKSHOP SCHEDULE	TIME
BEGINNER SESSION	9:15 AM - 10:00 AM
INTERMEDIATE SESSION	10:15 AM - 11:00 AM

TIMES MAY VARY

FREE EVENT FOR AGES 5 YRS & UP
BOOKINGS ESSENTIAL. REGISTER ONLINE AT TOTEMSKATEBOARDING.COM
TOTEM



CONNECTING & EMPOWERING COMMUNITIES



*** DRUG & ALCOHOL FREE EVENTS ***
PARENTS ARE ENCOURAGED TO PARTICIPATE

COMMUNITY FOOTY FOR FUN DAY

Come along and enjoy some



Footy For Fun
Laser Tag
Fast 4 Tag



Where: Larkin Oval, NYNGAN

29th September 2020 Time: 11.00 am—12.30pm

IMPORTANT

CCC will ensure all measures are taken to make this event as safe as possible during Covid-19. However, if you feel unwell please do not attend. Water bottles will not be supplied. Participants are encouraged to bring their own and there will be no sharing of water bottles.

www.creativecommunityconcepts.com.au

Proud Community Partners



Creative Community Concepts



Creative_Community_Concepts

Central West and Central
Tablelands Local Land Services,
together with Central West
and Central Tablelands
Landcare NSW

Future Proof Your Business

Rebound from drought and position yourself to create opportunities with resilience leader, Paul Ryan.

What is resilience and why does it matter?

17 September, 2020 - 12.00pm to 12.45pm

Framing resilience, language and definitions, and discussing why building resilience matters in a farming business.

[REGISTER](#)

Key resilience concepts – Systems, change and identity

1 October, 2020 - 12.00pm to 12.45pm

Discuss the links between people and place, and learn about the 'stress curve' and how it can affect you.

[REGISTER](#)

Understanding resilience in your system

15 October, 2020 - 12.00pm to 12.45pm

Using the Iceberg model to understand system change, and talking through cycles of change.

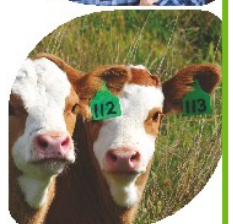
[REGISTER](#)

Designing resilient futures

29 October, 2020 - 12.00pm to 12.45pm

Discussing resilience design principles, and implementing them.

[REGISTER](#)



Local Land Services



National Landcare Program



This project is supported by Local Land Services, through funding from the Australian Government's National Landcare program and NSW Landcare Program.

Sunsmart Snippet

Create good habits



Protect yourself in five ways from skin cancer

- Slip on sun-protective clothing
- Slop on SPF 30 or higher sunscreen
- Slap on a sun smart hat
- Seek shade
- Slide on wrap-around sunglasses

Creating good sun protection habits from childhood helps reduce exposure to UV and the risk of skin cancer and eye damage.

www.sunsmartnsw.com.au



IMPORTANT CONTACTS

**NATIONAL
CORONAVIRUS
HELPLINE**
1800 020 080

Call this line if you are seeking information on coronavirus (COVID-19). The line operates 24 hours a day, seven days a week.

Mental Health Line
1800 011 511

get healthy
Information & Coaching Service

Call **1300 806 258**
Mon - Fri / 8am - 8pm
www.gethealthynsw.com.au

Beyond Blue
1300 22 4636

Lifeline
13 11 14

healthdirect
1300 22 4636

Cancer Council
13 11 20

**WESTERN NSW LOCAL HEALTH DISTRICT
COVID-19 (CORONAVIRUS)**

CALL CENTRE
1300 066 055

NSW Health
Western NSW
Local Health District



Bogan Shire Library Holiday Craft Packs

The library will be providing craft packs for children in the spring school holidays.

We will have Primary packs for ages 6 and above and junior pack for ages 5 and below.

If you are interested in getting a pack please contact the library on 6835 9080 or email nwrl.bsl@bigpond.com with how many you would like and the ages of the kids.



Target Shooting Art

Wednesday 7th of October

Session 1 - 10am - 10.45am

Session 2 - 11am - 11.45am

Ages 7 and up - Please make sure to wear old clothes

6 attendees per session - please call or email the Library to book your spot

6835 9080 - email nwrl.bsl@bigpond.com



Nyngan Community Day

Hearing Testing for Children

(for any child between 6 months & 18 years of age)

Nyngan Multi-Purpose Centre

- 15 Hoskins St, Nyngan

Wednesday 7th October 2020

9.30am - 3.30pm

For appointments or further information contact Hear our Heart Ear Bus Office

Ph 6884 8751

Email office@hearourheart.org



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**DUBBO & DISTRICT
DEAF CLUB**



The Hermidale Buzz

A community newsletter

Produced for the community

by Hermidale Public School